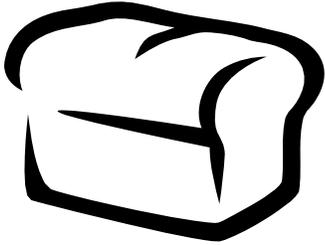


Name _____

My Favorite Foods

What foods do you like to eat? Where do they fit in on MyPyramid? Make a list of the foods you like from each of the food groups listed.



Grains I like:

Think about whole grains!



Vegetables I like:

Eat lots of colors!



Fruits I like:

Fruit is sweet!



Dairy products I like:

Think about low-fat dairy products!