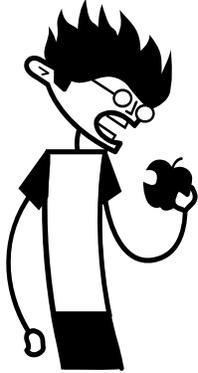


Name _____

Chewing Your Chow!



The process of digestion starts in your mouth. Your teeth tear and grind food into smaller pieces.

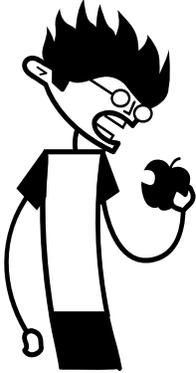
1. Take a bite of an apple.

Which teeth did you use to bite? _____

Which teeth did you use to chew? _____

2. What if your teeth switched jobs? Take another bite of the apple. Try to chew using your incisors (front teeth). Do incisors do a good chewing job? Why or why not?
3. Bite the apple using only your molars (back teeth). Were you able to get a good chunk of the apple without your incisors? Why or why not?
4. Which teeth do the most work when you eat? Take another bite and find out.

Chewing Your Chow!



The process of digestion starts in your mouth. Your teeth tear and grind food into smaller pieces.

1. Take a bite of an apple.

Which teeth did you use to bite? **Incisors or front teeth**

Which teeth did you use to chew? **Molars or back teeth**

2. What if your teeth switched jobs? Take another bite of the apple. Try to chew using your incisors (front teeth). Do incisors do a good chewing job? Why or why not?

Incisors do not chew well. They do not have a broad surface to grind foods.

3. Bite the apple using only your molars (back teeth). Were you able to get a good chunk of the apple without your incisors? Why or why not?

It's hard to bite a chunk with molars because the cheeks get in the way.

4. Which teeth do the most work when you eat? Take another bite and find out.

When you eat, molars do the most work, crushing food to make it easier to swallow and digest.