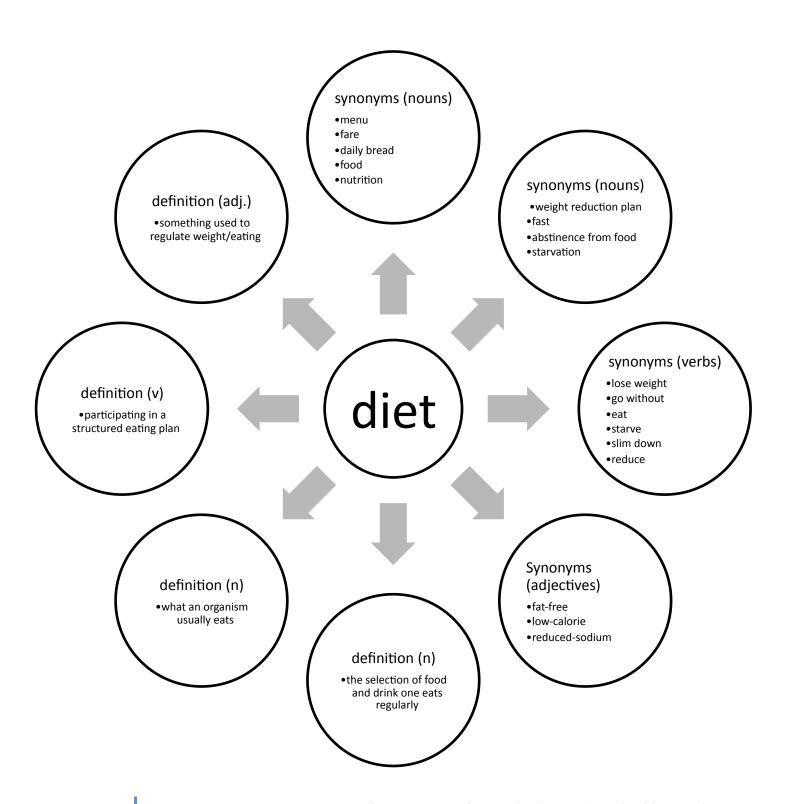
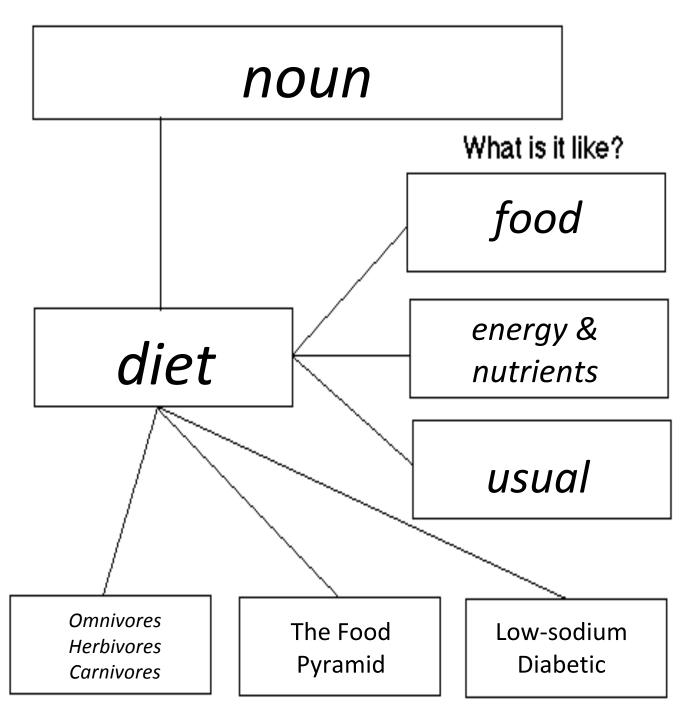
Word Web



Concept Map

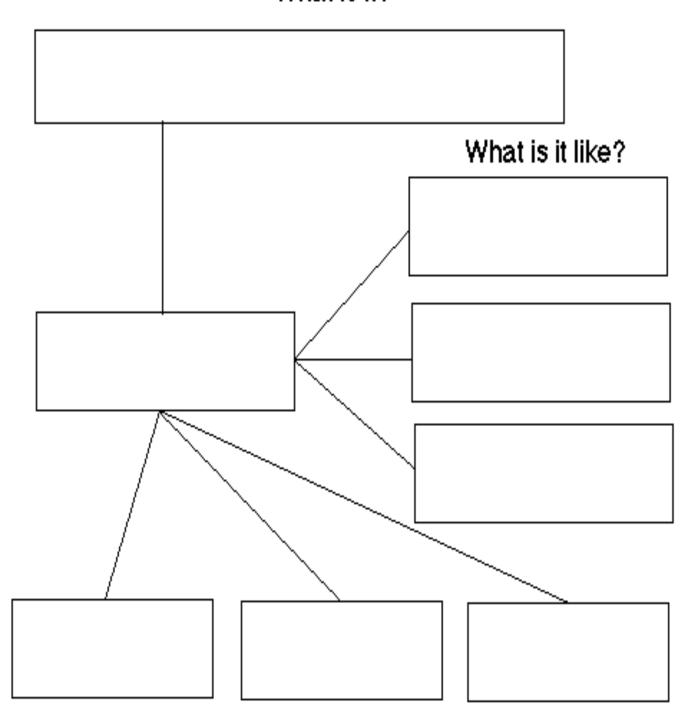
What is it?



What are some examples?

Concept Map

What is it?



What are some examples?

Sample Charts

Before Word Study	After Word Study

Guiding Questions: What is the purpose of a diet? What is a diet for? Where have you heard/seen this word? Is it a negative or positive word? Why? What types of organisms use diets? What does diet mean?

Types of Diets	Purpose
Examples: Diabetic Vegetarian Weight-Reduction Low-Fat Low-Sodium Kosher Bodybuilding	Examples: To control sugar Get nutrition from vegetables To lose weight To control fat To control sodium To eat according to a set of rules To build muscle ALL MUST PROVIDE ENERGY TO HELP THE BODY WORK AND NUTRIENTS TO KEEP THE BODY HEALTHY

Guiding Questions: Why might someone need a special diet? What about if someone is sick? What about animal diets? What factors affect diets? Geographic location, religion, ethnicity, available foods, etc.

Extension Example

Submitted by Lauren Sabo, Sixth Grade Teacher, Clayton Middle School, Johnston County Schools

Diet News

Directions: Using the Internet, find the answers to the following questions. Then, write a short news article about the diet.
Type of Diet :
• What is the purpose of the diet?
• Who would be on this type of diet? Why?
Which types of foods does the diet include?
• Willelf types of foods does the diet illelade:
• Are there any foods that are off limits? Why?
 How does this type of diet affect a person's body and health?
Any other important information about this diet